



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Heid, Tobias

Total time: 1:13:59

Number: 319

Course: 25.50 km

Rank in course/Total: 98 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 92 (of 251)

Best time in course: 59:47

Category:

Rank in category: 8(of 21)

männliche AK 3 (TM 30)

Best time in the category: 1:01:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	9:50	0.00	5	0:44	57	2:06	0.50	9:50	0.00	22	0:44	57	2:06	
Wechsel S -> R	-	2:05	-	4	0:30	49	0:42	0.50	11:55	0.00	22	1:14	251	2:31	
Schwimmen Total	0.50	11:55	0.00	22	1:14	251	2:31	0.50	11:55	0.00	22	1:14	251	2:31	
Rad netto	20.00	37:09	32.30	11	6:09	122	34:33	20.50	49:04	24.46	22	7:23	251	31:29	
Wechsel R -> L	-	0:43	-	4	0:08	33	0:14	20.50	49:47	24.10	22	7:31	251	30:38	
Rad Total	20.00	37:52	31.69	9	6:17	106	33:42	20.50	49:47	24.10	22	7:31	251	30:38	
Lauf	5.00	24:12	12.40	14	5:06	139	10:26	25.50	1:13:59	20.27	8	12:37	94	33:07	