



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Hug, Markus

Total time: 1:15:02

Number: 317

Course: 25.50 km

Rank in course/Total: 113 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 104 (of 251)

Best time in course: 59:47

Category:

Rank in category: 19(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:10	2.95	12	1:35	81	2:26	0.50	10:10	2.95	41	1:35	252	2:26
Wechsel S -> R	-	2:26	-	17	0:59	92	1:03	0.50	12:36	2.38	41	2:15	251	3:12
Schwimmen Total	0.50	12:36	2.38	41	2:15	251	3:12	0.50	12:36	2.38	41	2:15	251	3:12
Rad netto	20.00	38:11	31.43	24	7:10	161	35:35	20.50	50:47	24.22	41	8:37	251	33:12
Wechsel R -> L	-	1:35	-	38	1:04	213	1:06	20.50	52:22	23.49	41	9:41	251	33:13
Rad Total	20.00	39:46	30.18	28	8:00	166	35:36	20.50	52:22	23.49	41	9:41	251	33:13
Lauf	5.00	22:40	13.24	18	4:59	85	8:54	25.50	1:15:02	20.39	19	11:59	105	34:10