



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Radmacher, Manuel

Total time: 1:18:24

Club: TmzF Lampertheim

Number: 24

Course: 25.50 km

Rank in course/Total: 166 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 148 (of 251)

Best time in course: 59:47

Category:

Rank in category: 14(of 21)

männliche AK 3 (TM 30)

Best time in the category: 1:01:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:15	2.67	13	2:09	137	3:31	0.50	11:15	2.67	22	2:09	139	3:31
Wechsel S -> R	-	3:45	-	19	2:10	217	2:22	0.50	15:00	2.00	22	4:19	251	5:36
Schwimmen Total	0.50	15:00	2.00	22	4:19	251	5:36	0.50	15:00	2.00	22	4:19	251	5:36
Rad netto	20.00	39:06	30.69	17	8:06	184	36:30	20.50	54:06	22.74	22	12:25	251	36:31
Wechsel R -> L	-	0:48	-	6	0:13	56	0:19	20.50	54:54	22.40	22	12:38	251	35:45
Rad Total	20.00	39:54	30.08	17	8:19	170	35:44	20.50	54:54	22.40	22	12:38	251	35:45
Lauf	5.00	23:30	12.77	11	4:24	111	9:44	25.50	1:18:24	19.52	14	17:02	150	37:32