



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Hoppe, Rainer

Total time: 1:17:26

Number: 302

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 152 (of 340)

Rank in course/Men: 136 (of 251)

Best time in course: 59:47

Category:

Senioren 3 (TM 50)

Rank in category: 19(of 37)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:40	2.37	24	4:24	195	4:56	0.50	12:40	2.37	38	4:24	252	4:56
Wechsel S -> R	-	3:14	-	28	1:46	185	1:51	0.50	15:54	1.89	38	6:10	251	6:30
Schwimmen Total	0.50	15:54	1.89	38	6:10	251	6:30	0.50	15:54	1.89	38	6:10	251	6:30
Rad netto	20.00	36:55	32.51	20	4:49	115	34:19	20.50	52:49	23.29	38	10:44	251	35:14
Wechsel R -> L	-	0:47	-	6	0:13	51	0:18	20.50	53:36	22.95	38	10:57	251	34:27
Rad Total	20.00	37:42	31.83	14	5:02	103	33:32	20.50	53:36	22.95	38	10:57	251	34:27
Lauf	5.00	23:50	12.59	15	5:34	122	10:04	25.50	1:17:26	19.76	19	14:41	138	36:34