



# 12. Lorsch Triathlon

Lorsch / 02.08.2015

## Detailed evaluation

Greminger, Horst

Total time: 1:21:32

Number: 315

Rank in course/Total: 208 (of 340)

Enduro E Bike

Rank in course/Men: 177 (of 251)

Best time in course: 59:47

Category:

Rank in category: 1(of 5)

Senioren 7 (TM 70)

Best time in the category: 1:21:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:00	0.00	3	3:00	167	4:16	0.50	12:00	0.00	6	3:00	252	4:16
Wechsel S -> R	-	2:45	-	2	0:10	134	1:22	0.50	14:45	0.00	5	1:27	251	5:21
Schwimmen Total	0.50	14:45	0.00	5	1:27	251	5:21	0.50	14:45	0.00	5	1:27	251	5:21
Rad netto	20.00	36:06	33.24	1	-	86	33:30	20.50	50:51	23.60	5	0:36	251	33:16
Wechsel R -> L	-	1:17	-	4	0:29	176	0:48	20.50	52:08	23.02	5	0:40	251	32:59
Rad Total	20.00	37:23	32.10	1	-	94	33:13	20.50	52:08	23.02	5	0:40	251	32:59
Lauf	5.00	29:24	10.20	3	2:03	222	15:38	-	1:21:32	-	2	2:27	180	40:40