



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Breth, Gaby

Total time: 1:24:56

Club: LLG Wonnegau

Number: 290

Course: 25.50 km

Rank in course/Total: 246 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 43 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 4(of 7)

Seniorinnen 3 (TW 50)

Best time in the category: 1:12:33

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:13	2.11	6	3:03	75	7:27	0.50	14:13	2.11	8	3:03	90	7:27
Wechsel S -> R	-	2:29	-	2	0:29	28	0:59	0.50	16:42	1.80	8	3:32	68	8:26
Schwimmen Total	0.50	16:42	1.80	8	3:32	68	8:26	0.50	16:42	1.80	8	3:32	68	8:26
Rad netto	20.00	42:22	28.32	4	6:50	55	14:03	20.50	59:04	20.82	8	10:22	90	15:01
Wechsel R -> L	-	2:19	-	7	1:32	88	1:49	20.50	1:01:23	20.04	8	11:54	90	16:50
Rad Total	20.00	44:41	26.86	6	8:22	65	15:02	20.50	1:01:23	20.04	8	11:54	90	16:50
Lauf	5.00	23:33	12.74	2	0:29	12	4:13	25.50	1:24:56	18.01	4	12:23	45	21:03