



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Speedy slugs

Club: Speedy slugs

Number: 344

Course: 25.50 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:05:20

Rank in course/Total: 5 (of 25)

Rank in course/Total: 5 (of 25)

Best time in course: 57:18

Rank in category: 5(of 25)

Best time in the category: 57:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	km/h	Cat.	Cat.	Total	Total	
Schwimmen nett	0.50	9:00	0.00	5	2:08	5	2:08	0.50	9:00	0.00	5	2:08	5	2:08	
Wechsel S -> R	-	1:22	-	8	0:11	8	0:11	0.50	10:22	0.00	5	2:01	5	2:01	
Schwimmen Total	0.50	10:22	0.00	5	2:01	5	2:01	0.50	10:22	0.00	5	2:01	5	2:01	
Rad netto	20.00	31:57	37.56	2	1:49	2	1:49	20.50	42:19	28.36	2	3:50	2	3:50	
Wechsel R -> L	-	0:30	-	8	0:06	8	0:06	20.50	42:49	28.03	2	3:46	2	3:46	
Rad Total	20.00	32:27	36.98	2	1:45	2	1:45	20.50	42:49	28.03	2	3:46	2	3:46	
Lauf	5.00	22:31	13.32	5	4:16	5	4:16	25.50	1:05:20	22.96	5	8:02	5	8:02	