



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Thomas, Manuel

Total time: 1:09:49

Number: 369

Course: 25.50 km

Rank in course/Total: 45 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 43 (of 251)

Best time in course: 59:47

Category:

Rank in category: 10(of 24)

männliche AK 2 (TM 25)

Best time in the category: 59:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total km/h	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen nett	0.50	9:42	3.09	6	1:45	52	1:58	0.50	9:42	3.09	6	1:45	252	1:58
Wechsel S -> R	-	1:49	-	6	0:26	24	0:26	0.50	11:31	2.60	6	2:07	35	2:07
Schwimmen Total	0.50	11:31	2.60	6	2:07	35	2:07	0.50	11:31	2.60	6	2:07	35	2:07
Rad netto	20.00	36:06	33.24	12	4:42	86	33:30	20.50	47:37	25.83	10	6:49	251	30:02
Wechsel R -> L	-	0:54	-	12	0:21	83	0:25	20.50	48:31	25.35	10	7:09	55	29:22
Rad Total	20.00	37:00	32.43	12	5:02	81	32:50	20.50	48:31	25.35	10	7:09	55	29:22
Lauf	5.00	21:18	14.08	10	3:03	47	7:32	25.50	1:09:49	21.91	10	10:02	44	28:57