



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Reinold, Udo

Total time: 1:21:53

Number: 9

Course: 25.50 km

Rank in course/Total: 210 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 179 (of 251)

Best time in course: 59:47

Category:

Rank in category: 37(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:56	2.51	36	3:35	165	4:12	0.50	11:56	2.51	48	3:35	252	4:12
Wechsel S -> R	-	2:35	-	25	1:05	110	1:12	0.50	14:31	2.07	48	4:40	251	5:07
Schwimmen Total	0.50	14:31	2.07	48	4:40	251	5:07	0.50	14:31	2.07	48	4:40	251	5:07
Rad netto	20.00	37:58	31.61	34	35:22	151	35:22	20.50	52:29	23.44	48	34:54	251	34:54
Wechsel R -> L	-	1:14	-	30	0:44	165	0:45	20.50	53:43	22.90	48	34:34	251	34:34
Rad Total	20.00	39:12	30.61	36	35:02	153	35:02	20.50	53:43	22.90	48	34:34	251	34:34
Lauf	5.00	28:10	10.65	41	9:25	210	14:24	25.50	1:21:53	18.69	38	41:01	182	41:01