



# 12. Lorsch Triathlon

Lorsch / 02.08.2015

## Detailed evaluation

**Karimi, Tamana**

**Total time: 1:29:19**

Club: Leinfelden

Number: 332

Course: 25.50 km

Rank in course/Total: 287 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 62 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 7(of 10)

weibliche AK 4 (TW 35)

Best time in the category: 1:14:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:09	2.47	4	0:49	47	5:23	0.50	12:09	2.47	11	0:49	90	5:23
Wechsel S -> R	-	3:34	-	8	1:54	74	2:04	0.50	15:43	1.91	11	2:43	90	7:27
Schwimmen Total	0.50	15:43	1.91	11	2:43	90	7:27	0.50	15:43	1.91	11	2:43	90	7:27
Rad netto	20.00	45:09	26.58	8	8:24	75	16:50	20.50	1:00:52	20.21	11	11:07	90	16:49
Wechsel R -> L	-	0:57	-	6	0:18	34	0:27	20.50	1:01:49	19.90	11	11:09	90	17:16
Rad Total	20.00	46:06	26.03	8	8:26	74	16:27	20.50	1:01:49	19.90	11	11:09	90	17:16
Lauf	5.00	27:30	10.91	7	3:32	56	8:10	25.50	1:29:19	17.13	7	14:29	64	25:26