



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Gante, Dr. Mathias

Total time: 1:10:33

Number: 380

Course: 25.50 km

Rank in course/Total: 50 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 47 (of 251)

Best time in course: 59:47

Category:

Rank in category: 9(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen nett	0.50	11:20	0.00	29	2:59	144	3:36	0.50	11:20	0.00	48	2:59	252	3:36	
Wechsel S -> R	-	2:11	-	10	0:41	62	0:48	0.50	13:31	0.00	48	3:40	110	4:07	
Schwimmen Total	0.50	13:31	0.00	48	3:40	110	4:07	0.50	13:31	0.00	48	3:40	110	4:07	
Rad netto	20.00	34:49	34.47	14	32:13	55	32:13	20.50	48:20	24.83	48	30:45	251	30:45	
Wechsel R -> L	-	1:00	-	12	0:30	107	0:31	20.50	49:20	24.32	48	30:11	251	30:11	
Rad Total	20.00	35:49	33.50	13	31:39	52	31:39	20.50	49:20	24.32	48	30:11	251	30:11	
Lauf	5.00	21:13	14.14	11	2:28	44	7:27	25.50	1:10:33	21.26	10	29:41	48	29:41	