



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Eiber, Roman

Total time: 1:32:59

Number: 291

Course: 25.50 km

Rank in course/Total: 308 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 237 (of 251)

Best time in course: 59:47

Category:

Rank in category: 15(of 18)

Senioren 4 (TM 55)

Best time in the category: 1:06:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:54	2.33	15	3:47	205	5:10	0.50	12:54	2.33	19	3:47	252	5:10
Wechsel S -> R	-	3:16	-	9	1:52	188	1:53	0.50	16:10	1.86	19	5:14	251	6:46
Schwimmen Total	0.50	16:10	1.86	19	5:14	251	6:46	0.50	16:10	1.86	19	5:14	251	6:46
Rad netto	20.00	40:25	29.69	14	6:19	207	37:49	20.50	56:35	21.74	19	11:07	251	39:00
Wechsel R -> L	-	2:00	-	15	1:17	237	1:31	20.50	58:35	21.00	19	12:24	251	39:26
Rad Total	20.00	42:25	28.29	15	7:25	220	38:15	20.50	58:35	21.00	19	12:24	251	39:26
Lauf	5.00	34:24	8.72	15	20:38	244	20:38	25.50	1:32:59	16.45	16	26:13	240	52:07