



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Prime Fitness Club Lorsch I

Club: Prime Fitness Club Lorsch I

Number: 351

Course: 25.50 km

Triathlonstaffel

Category:

Triathlon-Staffel

Total time: 1:14:05

Rank in course/Total: 7 (of 25)

Rank in course/Total: 7 (of 25)

Best time in course: 57:18

Rank in category: 7(of 25)

Best time in the category: 57:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos	Behind	Pos	Behind	Total km	Total Time	Total km/h	Pos	Behind	Pos	Behind
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Schwimmen nett	0.50	9:53	0.00	7	3:01	7	3:01	0.50	9:53	0.00	7	3:01	7	3:01
Wechsel S -> R	-	1:22	-	8	0:11	8	0:11	0.50	11:15	0.00	8	2:54	8	2:54
Schwimmen Total	0.50	11:15	0.00	8	2:54	8	2:54	0.50	11:15	0.00	8	2:54	8	2:54
Rad netto	20.00	32:09	37.33	3	2:01	3	2:01	20.50	43:24	27.65	5	4:55	5	4:55
Wechsel R -> L	-	0:34	-	12	0:10	12	0:10	20.50	43:58	27.29	5	4:55	5	4:55
Rad Total	20.00	32:43	36.68	3	2:01	3	2:01	20.50	43:58	27.29	5	4:55	5	4:55
Lauf	5.00	30:07	9.96	18	11:52	18	11:52	25.50	1:14:05	20.25	7	16:47	7	16:47