



## 12. Lorsch Triathlon

Lorsch / 02.08.2015

### Detailed evaluation

**Gericke, Claudia**

**Total time: 1:35:27**

Club: Laudenbach

Number: 313

Course: 25.50 km

Rank in course/Total: 320 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 79 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 16(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:08:23

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>km/h | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
|-----------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|-------------|---------------|---------------|-------------|----------------|--------------|-----------------|
| Schwimmen nett  | 0.50        | 14:14         | 2.11          | 16          | 5:36           | 76           | 7:28            | 0.50        | 14:14         | 2.11          | 20          | 5:36           | 90           | 7:28            |
| Wechsel S -> R  | -           | 3:57          | -             | 18          | 1:50           | 82           | 2:27            | 0.50        | 18:11         | 1.65          | 20          | 7:26           | 90           | 9:55            |
| Schwimmen Total | 0.50        | 18:11         | 1.65          | 20          | 7:26           | 90           | 9:55            | 0.50        | 18:11         | 1.65          | 20          | 7:26           | 90           | 9:55            |
| Rad netto       | 20.00       | 48:17         | 24.85         | 19          | 13:29          | 87           | 19:58           | 20.50       | 1:06:28       | 18.51         | 20          | 20:55          | 90           | 22:25           |
| Wechsel R -> L  | -           | 1:16          | -             | 14          | 0:32           | 61           | 0:46            | 20.50       | 1:07:44       | 18.16         | 20          | 21:15          | 90           | 23:11           |
| Rad Total       | 20.00       | 49:33         | 24.22         | 19          | 13:49          | 88           | 19:54           | 20.50       | 1:07:44       | 18.16         | 20          | 21:15          | 90           | 23:11           |
| Lauf            | 5.00        | 27:43         | 10.82         | 8           | 5:49           | 58           | 8:23            | 25.50       | 1:35:27       | 16.03         | 16          | 27:04          | 81           | 31:34           |