



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Schleifer, Anette

Total time: 1:23:20

Club: LLG Wonnegau

Number: 5

Course: 25.50 km

Rank in course/Total: 224 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 37 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 4(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:08:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:41	0.00	13	5:03	69	6:55	0.50	13:41	0.00	20	5:03	90	6:55
Wechsel S -> R	-	2:16	-	2	0:09	16	0:46	0.50	15:57	0.00	20	5:12	90	7:41
Schwimmen Total	0.50	15:57	0.00	20	5:12	90	7:41	0.50	15:57	0.00	20	5:12	90	7:41
Rad netto	20.00	41:48	28.71	7	7:00	49	13:29	20.50	57:45	20.78	20	12:12	90	13:42
Wechsel R -> L	-	1:06	-	12	0:22	53	0:36	20.50	58:51	20.39	20	12:22	90	14:18
Rad Total	20.00	42:54	27.97	8	7:10	49	13:15	20.50	58:51	20.39	20	12:22	90	14:18
Lauf	5.00	24:29	12.25	2	2:35	22	5:09	25.50	1:23:20	18.00	4	14:57	39	19:27