



# 12. Lorsch Triathlon

Lorsch / 02.08.2015

## Detailed evaluation

### Hepper, Jeanette

Club: TRC Essen

Number: 377

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

weibliche AK 4 (TW 35)

Total time: 1:24:31

Rank in course/Total: 241 (of 340)

Rank in course/Women: 41 (of 89)

Best time in course: 1:03:53

Rank in category: 5(of 10)

Best time in the category: 1:14:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:56	2.32	9	1:36	59	6:10	0.50	12:56	2.32	11	1:36	90	6:10
Wechsel S -> R	-	2:48	-	3	1:08	44	1:18	0.50	15:44	1.91	11	2:44	90	7:28
Schwimmen Total	0.50	15:44	1.91	11	2:44	90	7:28	0.50	15:44	1.91	11	2:44	90	7:28
Rad netto	20.00	40:26	29.68	5	3:41	38	12:07	20.50	56:10	21.90	11	6:25	90	12:07
Wechsel R -> L	-	1:06	-	8	0:27	53	0:36	20.50	57:16	21.48	11	6:36	90	12:43
Rad Total	20.00	41:32	28.89	5	3:52	36	11:53	20.50	57:16	21.48	11	6:36	90	12:43
Lauf	5.00	27:15	11.01	5	3:17	50	7:55	25.50	1:24:31	18.10	5	9:41	43	20:38