



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Lehmann, Nina

Total time: 1:28:40

Club: TV Lampertheim

Number: 379

Course: 25.50 km

Rank in course/Total: 277 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 57 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 9(of 9)

weibliche AK 3 (TW 30)

Best time in the category: 1:12:01

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:24	0.00	1	-	9	3:38	0.50	10:24	0.00	1	-	90	3:38
Wechsel S -> R	-	3:19	-	9	1:37	65	1:49	0.50	13:43	0.00	10	1:24	90	5:27
Schwimmen Total	0.50	13:43	0.00	10	1:24	90	5:27	0.50	13:43	0.00	10	1:24	90	5:27
Rad netto	20.00	43:48	27.40	9	7:58	66	15:29	20.50	57:31	20.86	10	8:41	90	13:28
Wechsel R -> L	-	1:13	-	6	0:29	58	0:43	20.50	58:44	20.43	10	9:10	50	14:11
Rad Total	20.00	45:01	26.66	9	8:16	67	15:22	20.50	58:44	20.43	10	9:10	50	14:11
Lauf	5.00	29:56	10.02	9	8:29	70	10:36	25.50	1:28:40	16.92	9	16:39	59	24:47