



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Wahlig, Thomas

Club: SSG Bensheim

Number: 29

Course: 25.50 km

Lorsche Triathlon 0,5-20,0-5,0

Category:

Senioren 3 (TM 50)

Total time: 1:28:09

Rank in course/Total: 275 (of 340)

Rank in course/Men: 220 (of 251)

Best time in course: 59:47

Rank in category: 34(of 37)

Best time in the category: 1:02:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:19	2.10	35	6:03	236	6:35	0.50	14:19	2.10	38	6:03	252	6:35
Wechsel S -> R	-	2:21	-	11	0:53	83	0:58	0.50	16:40	1.80	38	6:56	251	7:16
Schwimmen Total	0.50	16:40	1.80	38	6:56	251	7:16	0.50	16:40	1.80	38	6:56	251	7:16
Rad netto	20.00	39:25	30.44	30	7:19	192	36:49	20.50	56:05	21.93	38	14:00	251	38:30
Wechsel R -> L	-	1:27	-	29	0:53	200	0:58	20.50	57:32	21.38	38	14:53	251	38:23
Rad Total	20.00	40:52	29.36	30	8:12	193	36:42	20.50	57:32	21.38	38	14:53	251	38:23
Lauf	5.00	30:37	9.80	34	12:21	232	16:51	25.50	1:28:09	17.36	34	25:24	223	47:17