



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Stoof, Uwe

Total time: 1:31:53

Number: 21

Course: 25.50 km

Rank in course/Total: 301 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 234 (of 251)

Best time in course: 59:47

Category:

Rank in category: 14(of 18)

Senioren 4 (TM 55)

Best time in the category: 1:06:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:07	3.29	1	-	25	1:23	0.50	9:07	3.29	1	-	26	1:23
Wechsel S -> R	-	4:21	-	15	2:57	241	2:58	0.50	13:28	2.23	19	2:32	251	4:04
Schwimmen Total	0.50	13:28	2.23	19	2:32	251	4:04	0.50	13:28	2.23	19	2:32	251	4:04
Rad netto	20.00	41:49	28.70	17	7:43	226	39:13	20.50	55:17	22.25	19	9:49	251	37:42
Wechsel R -> L	-	2:00	-	15	1:17	237	1:31	20.50	57:17	21.47	19	11:06	251	38:08
Rad Total	20.00	43:49	27.39	17	8:49	228	39:39	20.50	57:17	21.47	19	11:06	251	38:08
Lauf	5.00	34:36	8.67	16	20:50	245	20:50	25.50	1:31:53	16.65	15	25:07	237	51:01