



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Stiepani, Ursula

Club: Team niebel - Venice Beach

Number: 52

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Seniorinnen 4 (TW 55)

Rank in course/Total: DSQ (of 340)

Rank in course/Women: DSQ (of 89)

Best time in course: 1:03:53

Rank in category: DSQ(of 5)

Best time in the category: -

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:36	2.21	3	1:53	67	6:50	0.50	13:36	2.21	6	1:53	67	6:50
Wechsel S -> R	-	2:26	-	1	-	24	0:56	0.50	16:02	1.87	6	1:35	58	7:46
Schwimmen Total	0.50	16:02	1.87	6	1:35	58	7:46	0.50	16:02	1.87	6	1:35	58	7:46
Rad netto	20.00	28:19	42.38	1	-	1	-	20.50	44:21	27.73	1	-	2	0:18
Wechsel R -> L	-	1:20	-	4	0:26	67	0:50	20.50	45:41	26.92	1	-	2	1:08
Rad Total	20.00	29:39	40.47	1	-	1	-	20.50	45:41	26.92	1	-	2	1:08
Lauf	5.00	26:59	11.12	2	0:45	45	7:39	25.50	-	-	-	-	-	-