



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Schleifer, Michael

Total time: 1:33:20

Club: LLG Wonnegau

Number: 6

Course: 25.50 km

Rank in course/Total: 309 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 238 (of 251)

Best time in course: 59:47

Category:

Rank in category: 38(of 40)

Senioren 1 (TM 40)

Best time in the category: 1:03:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	16:16	1.84	40	7:41	249	8:32	0.50	16:16	1.84	41	7:41	252	8:32
Wechsel S -> R	-	2:52	-	26	1:25	148	1:29	0.50	19:08	1.57	38	8:47	251	9:44
Schwimmen Total	0.50	19:08	1.57	38	8:47	251	9:44	0.50	19:08	1.57	38	8:47	251	9:44
Rad netto	20.00	42:11	28.45	36	11:10	228	39:35	20.50	1:01:19	20.06	41	19:09	251	43:44
Wechsel R -> L	-	2:13	-	40	1:42	244	1:44	20.50	1:03:32	19.36	41	20:51	251	44:23
Rad Total	20.00	44:24	27.03	38	12:38	233	40:14	20.50	1:03:32	19.36	41	20:51	251	44:23
Lauf	5.00	29:48	10.07	38	12:07	224	16:02	25.50	1:33:20	16.39	38	30:17	241	52:28