



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Wieditz, Kirsten

Total time: 1:14:04

Club: TSG Wiesloch

Number: 89

Course: 25.50 km

Rank in course/Total: 100 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 7 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 2(of 20)

Seniorinnen 2 TW 45)

Best time in the category: 1:10:00

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:14	2.67	8	2:22	24	4:28	0.50	11:14	2.67	8	2:22	24	4:28
Wechsel S -> R	-	3:05	-	13	1:04	58	1:35	0.50	14:19	2.10	8	3:07	33	6:03
Schwimmen Total	0.50	14:19	2.10	8	3:07	33	6:03	0.50	14:19	2.10	8	3:07	33	6:03
Rad netto	20.00	38:07	31.48	5	2:21	17	9:48	20.50	52:26	23.46	21	5:02	19	8:23
Wechsel R -> L	-	0:44	-	2	0:01	11	0:14	20.50	53:10	23.13	21	4:58	17	8:37
Rad Total	20.00	38:51	30.89	5	2:17	16	9:12	20.50	53:10	23.13	21	4:58	17	8:37
Lauf	5.00	20:54	14.35	3	1:34	4	1:34	25.50	1:14:04	20.66	3	4:04	9	10:11