



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Dechant, Danny

Total time: 1:14:50

Club: Team BODY-ATTACK

Number: 66

Course: 25.50 km

Rank in course/Total: 109 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 9 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 1(of 10)

weibliche AK 4 (TW 35)

Best time in the category: 1:14:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:20	2.65	1	-	28	4:34	0.50	11:20	2.65	1	-	28	4:34
Wechsel S -> R	-	1:40	-	1	-	2	0:10	0.50	13:00	2.31	1	-	13	4:44
Schwimmen Total	0.50	13:00	2.31	1	-	13	4:44	0.50	13:00	2.31	1	-	13	4:44
Rad netto	20.00	36:45	32.65	1	-	8	8:26	20.50	49:45	24.72	1	-	8	5:42
Wechsel R -> L	-	0:55	-	5	0:16	24	0:25	20.50	50:40	24.28	1	-	8	6:07
Rad Total	20.00	37:40	31.86	1	-	8	8:01	20.50	50:40	24.28	1	-	8	6:07
Lauf	5.00	24:10	12.41	2	0:12	16	4:50	25.50	1:14:50	20.45	1	-	11	10:57