



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Fehrenbach, Nicole

Total time: 1:17:42

Club: Body Attack

Number: 79

Course: 25.50 km

Rank in course/Total: 158 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 17 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 2(of 19)

Seniorinnen 1 (TW 40)

Best time in the category: 1:08:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:16	2.92	3	1:38	8	3:30	0.50	10:16	2.92	3	1:38	8	3:30
Wechsel S -> R	-	2:16	-	2	0:09	16	0:46	0.50	12:32	2.39	2	1:47	8	4:16
Schwimmen Total	0.50	12:32	2.39	2	1:47	8	4:16	0.50	12:32	2.39	2	1:47	8	4:16
Rad netto	20.00	37:14	32.23	2	2:26	10	8:55	20.50	49:46	24.72	2	4:13	9	5:43
Wechsel R -> L	-	0:57	-	8	0:13	34	0:27	20.50	50:43	24.25	2	4:14	9	6:10
Rad Total	20.00	38:11	31.43	2	2:27	11	8:32	20.50	50:43	24.25	2	4:14	9	6:10
Lauf	5.00	26:59	11.12	6	5:05	45	7:39	25.50	1:17:42	19.69	2	9:19	19	13:49