



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Richter, Christine

Total time: 1:18:58

Number: 77

Course: 25.50 km

Rank in course/Total: 179 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 20 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 5(of 20)

Seniorinnen 2 TW 45)

Best time in the category: 1:10:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:02	2.49	13	3:10	45	5:16	0.50	12:02	2.49	13	3:10	45	5:16
Wechsel S -> R	-	2:42	-	9	0:41	40	1:12	0.50	14:44	2.04	10	3:32	38	6:28
Schwimmen Total	0.50	14:44	2.04	10	3:32	38	6:28	0.50	14:44	2.04	10	3:32	38	6:28
Rad netto	20.00	37:41	31.84	4	1:55	13	9:22	20.50	52:25	23.47	21	5:01	18	8:22
Wechsel R -> L	-	0:56	-	5	0:13	29	0:26	20.50	53:21	23.06	21	5:09	19	8:48
Rad Total	20.00	38:37	31.07	4	2:03	13	8:58	20.50	53:21	23.06	21	5:09	19	8:48
Lauf	5.00	25:37	11.71	8	6:17	29	6:17	25.50	1:18:58	19.38	6	8:58	22	15:05