



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Herbert, Anette

Total time: 1:21:06

Club: RV 03 Bürstadt Triathlon

Number: 58

Course: 25.50 km

Rank in course/Total: 203 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 29 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 8(of 20)

Seniorinnen 2 TW 45)

Best time in the category: 1:10:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:45	2.79	5	1:53	15	3:59	0.50	10:45	2.79	5	1:53	15	3:59
Wechsel S -> R	-	2:22	-	6	0:21	20	0:52	0.50	13:07	2.29	4	1:55	14	4:51
Schwimmen Total	0.50	13:07	2.29	4	1:55	14	4:51	0.50	13:07	2.29	4	1:55	14	4:51
Rad netto	20.00	39:53	30.09	9	4:07	29	11:34	20.50	53:00	23.21	21	5:36	24	8:57
Wechsel R -> L	-	0:56	-	5	0:13	29	0:26	20.50	53:56	22.81	21	5:44	23	9:23
Rad Total	20.00	40:49	29.40	8	4:15	30	11:10	20.50	53:56	22.81	21	5:44	23	9:23
Lauf	5.00	27:10	11.04	14	7:50	49	7:50	25.50	1:21:06	18.87	9	11:06	31	17:13