



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Wolfmüller, Elvira

Total time: 1:22:12

Number: 72

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 215 (of 340)

Rank in course/Women: 33 (of 89)

Best time in course: 1:03:53

Category:

Seniorinnen 2 TW 45)

Rank in category: 9(of 20)

Best time in the category: 1:10:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	10:36	2.83	4	1:44	12	3:50	0.50	10:36	2.83	4	1:44	12	3:50
Wechsel S -> R	-	2:35	-	8	0:34	33	1:05	0.50	13:11	2.28	5	1:59	16	4:55
Schwimmen Total	0.50	13:11	2.28	5	1:59	16	4:55	0.50	13:11	2.28	5	1:59	16	4:55
Rad netto	20.00	41:28	28.94	14	5:42	46	13:09	20.50	54:39	22.51	21	7:15	33	10:36
Wechsel R -> L	-	1:25	-	15	0:42	73	0:55	20.50	56:04	21.94	21	7:52	34	11:31
Rad Total	20.00	42:53	27.98	14	6:19	48	13:14	20.50	56:04	21.94	21	7:52	34	11:31
Lauf	5.00	26:08	11.48	10	6:48	32	6:48	25.50	1:22:12	18.61	10	12:12	35	18:19