



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Weber, Ulrike

Total time: 1:22:52

Club: TV Rheinau

Number: 71

Course: 25.50 km

Rank in course/Total: 220 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 34 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 10(of 20)

Seniorinnen 2 TW 45)

Best time in the category: 1:10:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:46	0.00	16	4:54	72	7:00	0.50	13:46	0.00	16	4:54	72	7:00
Wechsel S -> R	-	2:48	-	11	0:47	44	1:18	0.50	16:34	0.00	16	5:22	66	8:18
Schwimmen Total	0.50	16:34	0.00	16	5:22	66	8:18	0.50	16:34	0.00	16	5:22	66	8:18
Rad netto	20.00	40:01	29.99	11	4:15	32	11:42	20.50	56:35	21.21	21	9:11	43	12:32
Wechsel R -> L	-	1:57	-	20	1:14	85	1:27	20.50	58:32	20.50	21	10:20	48	13:59
Rad Total	20.00	41:58	28.59	12	5:24	39	12:19	20.50	58:32	20.50	21	10:20	48	13:59
Lauf	5.00	24:20	12.33	6	5:00	21	5:00	25.50	1:22:52	18.10	11	12:52	36	18:59