



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Held, Reinhard

Total time: 1:06:46

Club: Lorsch Buwe

Number: 97

Course: 25.50 km

Rank in course/Total: 22 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 21 (of 251)

Best time in course: 59:47

Category:

Rank in category: 1(of 18)

Senioren 4 (TM 55)

Best time in the category: 1:06:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:32	3.15	2	0:25	41	1:48	0.50	9:32	3.15	19	0:25	252	1:48
Wechsel S -> R	-	1:24	-	1	-	2	0:01	0.50	10:56	2.74	1	-	251	1:32
Schwimmen Total	0.50	10:56	2.74	1	-	251	1:32	0.50	10:56	2.74	1	-	251	1:32
Rad netto	20.00	34:32	34.75	2	0:26	50	31:56	20.50	45:28	27.05	1	-	251	27:53
Wechsel R -> L	-	0:43	-	1	-	33	0:14	20.50	46:11	26.63	1	-	251	27:02
Rad Total	20.00	35:15	34.04	2	0:15	40	31:05	20.50	46:11	26.63	1	-	251	27:02
Lauf	5.00	20:35	14.57	2	6:49	36	6:49	25.50	1:06:46	22.92	1	-	22	25:54