



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Köhler, Gabi

Total time: 1:27:20

Number: 67

Course: 25.50 km

Rank in course/Total: 266 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 53 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 5(of 7)

Seniorinnen 3 (TW 50)

Best time in the category: 1:12:33

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:02	0.00	5	2:52	74	7:16	0.50	14:02	0.00	5	2:52	74	7:16
Wechsel S -> R	-	3:41	-	7	1:41	77	2:11	0.50	17:43	0.00	6	4:33	75	9:27
Schwimmen Total	0.50	17:43	0.00	6	4:33	75	9:27	0.50	17:43	0.00	6	4:33	75	9:27
Rad netto	20.00	41:14	29.10	3	5:42	44	12:55	20.50	58:57	20.36	5	10:15	60	14:54
Wechsel R -> L	-	1:53	-	6	1:06	84	1:23	20.50	1:00:50	19.73	5	11:21	63	16:17
Rad Total	20.00	43:07	27.83	3	6:48	52	13:28	20.50	1:00:50	19.73	5	11:21	63	16:17
Lauf	5.00	26:30	11.32	4	3:26	35	7:10	25.50	1:27:20	17.18	5	14:47	55	23:27