



12. Lorscher Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Pollag, Maria

Total time: 1:28:15

Club: DJK Käfertal-Waldhof

Number: 55

Course: 25.50 km

Rank in course/Total: 276 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 56 (of 89)

Best time in course: 1:03:53

Category:

Rank in category: 6(of 7)

Seniorinnen 3 (TW 50)

Best time in the category: 1:12:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:40	2.20	4	2:30	68	6:54	0.50	13:40	2.20	4	2:30	68	6:54
Wechsel S -> R	-	2:41	-	4	0:41	38	1:11	0.50	16:21	1.83	4	3:11	63	8:05
Schwimmen Total	0.50	16:21	1.83	4	3:11	63	8:05	0.50	16:21	1.83	4	3:11	63	8:05
Rad netto	20.00	42:26	28.28	5	6:54	57	14:07	20.50	58:47	20.92	4	10:05	59	14:44
Wechsel R -> L	-	0:55	-	3	0:08	24	0:25	20.50	59:42	20.60	4	10:13	58	15:09
Rad Total	20.00	43:21	27.68	4	7:02	54	13:42	20.50	59:42	20.60	4	10:13	58	15:09
Lauf	5.00	28:33	10.51	7	5:29	65	9:13	25.50	1:28:15	17.34	6	15:42	58	24:22