



12. Lorsche Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Werner, Ulrich

Total time: 1:08:50

Number: 108

Course: 25.50 km

Rank in course/Total: 37 (of 340)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Men: 35 (of 251)

Best time in course: 59:47

Category:

Rank in category: 5(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:59	3.01	15	1:38	72	2:15	0.50	9:59	3.01	48	1:38	252	2:15
Wechsel S -> R	-	2:16	-	16	0:46	74	0:53	0.50	12:15	2.45	48	2:24	251	2:51
Schwimmen Total	0.50	12:15	2.45	48	2:24	251	2:51	0.50	12:15	2.45	48	2:24	251	2:51
Rad netto	20.00	35:54	33.43	18	33:18	79	33:18	20.50	48:09	25.55	48	30:34	251	30:34
Wechsel R -> L	-	1:04	-	15	0:34	118	0:35	20.50	49:13	24.99	48	30:04	251	30:04
Rad Total	20.00	36:58	32.46	18	32:48	79	32:48	20.50	49:13	24.99	48	30:04	251	30:04
Lauf	5.00	19:37	15.29	4	0:52	17	5:51	25.50	1:08:50	22.23	6	27:58	36	27:58