



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Keuschen, Patrick

Total time: 1:09:09

Club: Heppenheimer Skiclub

Number: 112

Course: 25.50 km

Rank in course/Total: 40 (of 340)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 38 (of 251)

Best time in course: 59:47

Category:

Rank in category: 6(of 47)

Senioren 2 (TM 45)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:29	0.00	40	4:08	186	4:45	0.50	12:29	0.00	48	4:08	252	4:45
Wechsel S -> R	-	2:14	-	14	0:44	70	0:51	0.50	14:43	0.00	48	4:52	251	5:19
Schwimmen Total	0.50	14:43	0.00	48	4:52	251	5:19	0.50	14:43	0.00	48	4:52	251	5:19
Rad netto	20.00	33:05	36.27	4	30:29	15	30:29	20.50	47:48	25.10	48	30:13	251	30:13
Wechsel R -> L	-	1:17	-	32	0:47	176	0:48	20.50	49:05	24.45	48	29:56	251	29:56
Rad Total	20.00	34:22	34.92	5	30:12	20	30:12	20.50	49:05	24.45	48	29:56	251	29:56
Lauf	5.00	20:04	14.95	6	1:19	23	6:18	25.50	1:09:09	21.69	7	28:17	39	28:17