



12. Lorsch Triathlon

Lorsch / 02.08.2015

Detailed evaluation

Schönung, Christian

Total time: 1:14:16

Number: 138

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Total: 103 (of 340)

Rank in course/Men: 96 (of 251)

Best time in course: 59:47

Category:

Senioren 2 (TM 45)

Rank in category: 22(of 47)

Best time in the category: 1:02:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:37	3.48	4	0:16	13	0:53	0.50	8:37	3.48	48	0:16	252	0:53
Wechsel S -> R	-	2:37	-	26	1:07	114	1:14	0.50	11:14	2.67	48	1:23	251	1:50
Schwimmen Total	0.50	11:14	2.67	48	1:23	251	1:50	0.50	11:14	2.67	48	1:23	251	1:50
Rad netto	20.00	34:13	35.07	10	31:37	36	31:37	20.50	45:27	27.06	48	27:52	251	27:52
Wechsel R -> L	-	1:11	-	24	0:41	148	0:42	20.50	46:38	26.38	48	27:29	251	27:29
Rad Total	20.00	35:24	33.90	10	31:14	46	31:14	20.50	46:38	26.38	48	27:29	251	27:29
Lauf	5.00	27:38	10.86	39	8:53	200	13:52	25.50	1:14:16	20.60	23	33:24	98	33:24