



## 2. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 27.09.2015

### Detailed evaluation

Frevel, Andreas

Club: SpVg. Rinsdorf

Number: 22361

Course: 22.00 km

MammutWalk Nordic Walking

Total time: 2:34:03

Speed: 8.57 km/h

metres in height up: 107

Course score: 23.61

performance score: 202 Points