



## 2. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 27.09.2015

### Detailed evaluation

**Minze, Ralf**

Club: Ahlen  
Number: 22312

Course: 22.00 km  
MammutWalk Walking

Total time: 3:10:17

Speed: 6.94 km/h

metres in height up: 107  
Course score: 23.61

performance score: 164 Points