



2. Sparkassen MammutWalk
Ahlen (Westf.), Zeche Westfalen / 27.09.2015

Detailed evaluation

Hagemann, Detlef

Club: Team NRW

Number: 11268

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:22:40

Speed: 7.98 km/h

metres in height up: 75

Course score: 12.13

performance score: 100 Points