



## 2. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 27.09.2015

### Detailed evaluation

**Sander, Ingeborg**

Club: SG Ennepetal

Number: 11246

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:16:43

Speed: 8.60 km/h

metres in height up: 75

Course score: 12.13

performance score: 107 Points