



2. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 27.09.2015

Detailed evaluation

Erdelt, Hildegard

Club: Fissenknicker Lauf-Treff

Number: 11206

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:16:51

Speed: 8.59 km/h

metres in height up: 75

Course score: 12.13

performance score: 107 Points