



## 2. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 27.09.2015

### Detailed evaluation

Heimann, Michael

Club: LSF-Unna-2000

Number: 11250

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:21:10

Speed: 8.13 km/h

metres in height up: 75

Course score: 12.13

performance score: 102 Points