



## 2. Sparkassen MammutWalk

Ahlen (Westf.), Zeche Westfalen / 27.09.2015

### Detailed evaluation

**Gamon, Birgit**

Club: Team NRW

Number: 11245

Course: 11.00 km

HaldenWalk Nordic Walking

Total time: 1:22:49

Speed: 7.97 km/h

metres in height up: 75

Course score: 12.13

performance score: 100 Points