



19. Mühlhäuser Altstadtlauf  
Mühlhausen / 29.08.2015

Detailed evaluation

**Spangenberg, Andreas**

Club: 1. Eichsfelder Sportclub  
Number: 1057

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 19:38

Speed: 15.28 km/h

Rank in course/Total: 14 (of 168)

Rank in course/Men: 13 (of 106)

Best time in course: 16:23

Rank in category: 2(of 7)

Best time in the category: 18:46