



19. Mühlhäuser Altstadtlauf  
Mühlhausen / 29.08.2015

Detailed evaluation

Helbig, Heike

Club: Erfurt  
Number: 1037

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 27:16

Speed: 11.00 km/h

Rank in course/Total: 107 (of 168)

Rank in course/Women: 27 (of 62)

Best time in course: 19:31

Rank in category: 2(of 4)

Best time in the category: 25:43