



19. Mühlhäuser Altstadtlauf  
Mühlhausen / 29.08.2015

Detailed evaluation

Erdmann, Holger

Club: Mühlhausen  
Number: 1074

Course: 5.00 km  
5 km-Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 30:35

Speed: 9.81 km/h

Rank in course/Total: 148 (of 168)

Rank in course/Men: 100 (of 106)

Best time in course: 16:23

Rank in category: 8(of 8)

Best time in the category: 20:10