



19. Mühlhäuser Altstadtlauf  
Mühlhausen / 29.08.2015

Detailed evaluation

**Pallas, Silvia**

Club: BSG Sparkasse Unstrut-Hainich  
Number: 979

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 30:02

Speed: 9.99 km/h

Rank in course/Total: 141 (of 168)

Rank in course/Women: 42 (of 62)

Best time in course: 19:31

Rank in category: 3(of 4)

Best time in the category: 25:43