



19. Mühlhäuser Altstadtlauf  
Mühlhausen / 29.08.2015

Detailed evaluation

Apel, Manuela

Club: Flarchheim  
Number: 1082

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 34:14

Speed: 8.76 km/h

Rank in course/Total: 165 (of 168)

Rank in course/Women: 60 (of 62)

Best time in course: 19:31

Rank in category: 10(of 10)

Best time in the category: 23:22