



11. Nordhäuser Citylauf  
Nordhausen / 20.09.2015

Detailed evaluation

**Sitzmann, Heinz**

Club: TV Bad Brückenau  
Number: 217

Course: 3.30 km  
1 Runde 3,3 km

Category:  
Senioren M70

Total time: 21:49

Speed: 9.08 km/h

Rank in course/Total: 85 (of 110)

Rank in course/Men: 55 (of 62)

Best time in course: 12:03

Rank in category: 1(of 1)

Best time in the category: 21:49