



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Riemann, Helge

Club: Nordhausen

Number: 319

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M45

Total time: 30:42

Speed: 12.90 km/h

Rank in course/Total: 14 (of 57)

Rank in course/Men: 13 (of 43)

Best time in course: 23:51

Rank in category: 1(of 7)

Best time in the category: 30:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	15:10	13.05	1	-	14	3:19	3.30	15:10	13.05	1	-	14	3:19
Finish	3.30	15:32	12.75	1	-	12	3:32	6.60	30:42	12.90	1	-	13	6:51