



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Teichmann, Mario

Club: INJOY Nordhausen GmbH

Number: 303

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M40

Total time: 33:58

Speed: 10.60 km/h

Rank in course/Total: 26 (of 57)

Rank in course/Men: 23 (of 43)

Best time in course: 23:51

Rank in category: 4(of 7)

Best time in the category: 25:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	16:43	10.77	4	4:27	24	4:52	3.30	16:43	10.77	4	4:27	24	4:52
Finish	3.30	17:15	10.43	4	4:19	22	5:15	6.60	33:58	10.60	4	8:46	23	10:07