



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Köhler, Jens

Club: Nordhausen

Number: 330

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M45

Total time: 36:48

Speed: 9.78 km/h

Rank in course/Total: 33 (of 57)

Rank in course/Men: 29 (of 43)

Best time in course: 23:51

Rank in category: 6(of 7)

Best time in the category: 30:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenzeit	3.30	18:23	9.79	6	3:13	31	6:32	3.30	18:23	9.79	6	3:13	31	6:32
Finish	3.30	18:25	9.77	6	2:53	26	6:25	6.60	36:48	9.78	6	6:06	29	12:57