



11. Nordhäuser Citylauf

Nordhausen / 20.09.2015

Detailed evaluation

Köhler, Jens

Club: Nordhausen

Number: 330

Course: 6.60 km

2 Runden 6,6 km

Category:

Senioren M45

Total time: 36:48

Speed: 10.76 km/h

Rank in course/Total: 33 (of 57)

Rank in course/Men: 29 (of 43)

Best time in course: 23:51

Rank in category: 6(of 7)

Best time in the category: 30:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	km/h	Cat.	Cat.	Men	Men	km	Time	km/h	Cat.	Cat.	Men	Men
Rundenzeit	3.30	18:23	10.77	6	3:13	31	6:32	3.30	18:23	10.77	6	3:13	31	6:32
Finish	3.30	18:25	10.75	6	2:53	26	6:25	6.60	36:48	10.76	6	6:06	29	12:57